

# I. SPECIAL CONDITIONS Foyer Global Health Exclusive

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#### 1. Scope of cover

The *insurer* provides benefits for illness, diseases, accidents, and other events stipulated in the policy.

In the event of a claim the *insurer* provides reimbursement of the cost of treatment and other agreed services.

Within the monetary limits of this policy the *insurer* pays for the medical expenses of each insured person(s) set out in the policy schedule and who have taken out cover under the terms of this policy.

#### 2. Geographic scope

The insurance is valid for the following regions:

- Region 1: Worldwide
- Region 2: Worldwide excluding the United States

The insurance is valid for the region that the insured person's future country of residence is located in.

If insurance cover relates to region 2 insurance cover shall only apply for medical emergencies, accidents and death in the event of temporary travel (i.e. for a maximum of six weeks) to region 1.

Travel for the purpose of treatment in a non-agreed region is not insured.

Any change in the country of residence of the insured person must be notified immediately, since this change affects the premium.

#### 3. Insurability

All persons who are temporarily abroad for at least 3 months are insurable.

Anyone who is permanently resident in the United States will be excluded from insurance cover.

If an insured person takes up permanent resident in the United States then the *insurer* will terminate the insurance relationship. In the event of moving to any other country, the *insurer* may on a case-by-case basis, even during an ongoing insurance relationship, check that this policy complies with national law and according to the results, decide whether insurance cover can be maintained or the level of cover needs to be modified or terminated.

The *insurer* can terminate any individual insurance, if the law regarding insurance cover for nationals, residents or impatriates in a country changes with the effect that the insurance cover provided by the *insurer* is in breach of national law.



#### 3.1 Inclusion of pre-existing conditions or waiting period

When completing a proposal for insurance, the inclusion of pre-existing conditions on the basis of a health risk assessment and a waiting period may be selected.

#### 3.1.1 Pre-existing conditions

In order to decide on the inclusion of pre-existing conditions from the beginning of the policy, the health questions in the proposal form must be answered truthfully to the best of the insured person's knowledge. In such cases the applicant must undergo a medical examination. Depending on the result of the medical examination the *insurer* can extend the policy by adding further terms and conditions, charge an additional premium or refuse the proposal/ the insurance of a person. Any illness that arises in the period between proposal and acceptance of that proposal will be considered to be a pre-existing condition.

#### 3.1.2 Waiting period clause

Instead of applying for a comprehensive medical risk assessment, the insured person can - if he/she is 55 or younger - opt for a "waiting period". In this case, insurance cover will be granted for any condition suffered by the person to be insured in the five years prior to inception of the insurance cover only after a continuous waiting period of two years without medical treatment, symptoms, advice or medication for that pre-existing condition. If the insured person during the first two years of insurance cover receives medical treatment, advice or medication for that pre-existing condition then the waiting period of two years (without medical treatment, advice or medication) for that condition begins again. Services for new illnesses not linked to that condition will be immediately reimbursed.

#### 4. Benefits

#### 4.1. General information

The *insurer* will provide a 100% refund of eligible expenses, as described and to the extent set out in the following benefit overviews, unless otherwise agreed in the general conditions or definitions.

#### 4.2. Deductibles

Depending on the insurance plan taken out the *insurer* will provide 100% refund of eligible expenses up to the maximum annual limit specified in the following benefit overviews, unless otherwise documented in those benefit overviews, the general information in the general conditions or the definitions.

#### 4.2.1 Deductibles

The Global Health Exclusive plan has the following deductible variants:

- EUR 0
- EUR 250
- EUR 500
- EUR 1,000



The deductible applies per insurance year and per insured person and only for outpatient treatments.

If the insured person has agreed a deductible with the *insurer*, the *insurer* will refund 100% of eligible expenses for outpatient treatment less the agreed deductible.

Expenses are allocated to the policy year in which the doctor or medical practitioner has been consulted and the medication, dressings and medical aids were provided.

#### 4.2.2 Increased benefits for region 1

If the insured person has taken out insurance cover for region 1 (= worldwide) then the limits and maximum amounts set out in 4.3.2, 4.3.3 and 4.3.4 will be doubled (irrespective as to whether the medical treatment takes place in the United States or not).

If a benefit is limited to a certain number of days or sessions then this limit applies unchanged. If a deductible has been agreed, this will remain unchanged.

#### 4.3. Benefits

#### **4.3.1. General**

The insured person is free to choose between the established and recognised doctors and dentists in the country in which the treatment is to be provided. As far as is provided for in the tariff, the services provided by *other persons*, who offer medical treatment may be acceptable for cover.

Medical and dental services, as well as the services provided by other *medical practitioners are eligible for cover*, in so far as their charges are calculated on the basis of scales of charges that are typical in that country. Cover may also apply to charges that exceed those scales if these are justified and reasonable in view of the illness and any diagnosis-related complications. In the case of *practitioners* such as masseurs, midwives or naturopaths, for which no separate scale of charges exists in the foreign country, the *insurer* will use the comparable remuneration for doctors or else the usual prices in that country.

In cases of reimbursement of dental technical laboratory work and materials the *insurer* will use the average prices in that country. Dental prostheses, *dental implant services* and orthodontics when these services are performed by a doctor, they will also to be regarded as services by a *dental practitioner*. They are not the subject of outpatient or inpatient *treatment*. The *insurer* provide cover within the policy scope for examinations or treatment methods and *medications* that are recognised by orthodox medicine. The *insurer* also provide cover for methods and medicines that have been seen to be effective in practice or are used because no orthodox medical protocol exists. The *insurer* may however reduce the benefits payable to the level that would have applied if available orthodox medical protocols and medicines had been used.



#### 4.3.2. Inpatient treatment

#### Overview inpatient treatments

#### Inpatient treatment benefit overview

General hospital treatment and accommodation and care in a single or twin-bed room

Medical services (including pathology, radiology, computed tomography, magnetic resonance imaging, positron emission tomography and palliative care

Hospital costs, including operating room, intensive care and laboratory

Surgery and anaesthesia

Operations performed as an outpatient instead of inpatient

Drugs and dressings

Physiotherapy, including massage

Therapies, including occupational therapy, light therapy, hydrotherapy, inhalations, packs, medical baths, cold and/or heat treatment, electrotherapy

Therapeutic aids and appliances

Services for pregnancy and childbirth, services of a midwife or attendant in the hospital

Pregnancy and childbirth complications

Newborn Care

Congenital conditions

Cancer therapy, oncology medicines and medical treatment, including reconstructive surgery after breast cancer

Bone marrow or organ transplantation (costs for both donors and recipients)

**Psychiatric services** 

Inpatient Psychotherapy

Refund of parent's costs when accompanying a child under 18 for inpatient treatment

Home nursing care and domestic help instead of a hospital stay

Daily hospital allowance for inpatient treatment, for which no cost refund is claimed from the *insurer* 

Inpatient rehabilitation

Hospice

Day hospital (partly inpatient) treatment

Transport to the next available suitable hospital for primary care after an accident or in an emergency

#### Detailed benefit descriptions for inpatient treatments

#### General hospital treatment and accommodation and care in a single or twin-bed room

When medical treatment becomes necessary in a hospital environment then the insured person can choose freely between hospitals in the country where treatment is to take place. Treatment in a hospital means any treatment, in which the person to be treated is admitted to a hospital for at least 24 hours to be treated medically and receive care.

When medically necessary treatment is carried out in hospitals that also provide cures or sanatorium or convalescence treatment, cover is only provided for those benefits set out in the policy and where the *insurer* has approved these in writing before the start of treatment.



The insurer provides cover for the duration of inpatient treatment without any time limit.

# Medical services (including pathology, radiology, computed tomography, magnetic resonance imaging, positron emission tomography and palliative care)

Cover shall apply to the expenses incurred for the necessary medical treatment as an inpatient for examinations, diagnostics and therapy.

#### Hospital costs, including operating room, intensive care and laboratory work

This refers to other costs for the use of specialised facilities such as operating rooms, intensive care units and the laboratories.

#### Surgery and anaesthesia

This refers to costs incurred for the necessary services, such as for example medical services, anaesthesia and the use of specialised facilities. Expenses for outpatient surgery are also eligible in so far as these replace an inpatient stay.

#### Operations performed as an outpatient instead of inpatient

Outpatient treatment, which can be performed in a doctor's surgery or in a hospital, but does not require to be followed by a stay overnight and a hospital stay.

#### **Drugs and dressings**

Drugs, dressings, treatment and medical aids must have been prescribed by a competent medical authority in the hospital during an inpatient stay. In addition, the drugs must have been obtained from a pharmacy or by another source that is approved by the authorities.

Classic homoeopathy medicines are also considered as fully-fledged medicines.

Nutritional food, tonics, mineral water, cosmetics, products for personal hygiene as well as bath salts are not considered to be drugs.

#### Physiotherapy, including massage

Physiotherapy and massages must have been prescribed by a hospital doctor as part of inpatient medical treatment. In addition, they must be performed by a doctor or a certified therapist. The prescription must be issued before the start of treatment and mention the diagnosis and the type and number of sessions.

# Therapies, including occupational therapy, light therapy, hydrotherapy, inhalations, packs, medical baths, cold and/or heat treatment, electrotherapy

These physio-medical services must have been prescribed by a hospital doctor as part of inpatient medical treatment. In addition, they must be performed by a doctor or a certified therapist. The prescription must be issued before the start of treatment and mention the diagnosis and the type and number of sessions.



#### Therapeutic aids and appliances

Cover applies to costs incurred for those therapeutic aids and appliances that serve as a life-saving measure or directly mitigate or compensate for physical disabilities, such as cardiac pacemakers and artificial limbs/prostheses (except dentures). These must be adjusted during the inpatient stay and remain in or on the body. Expenses for the repair of such medical aids are eligible for reimbursement under the above terms and conditions.

#### Services for pregnancy and childbirth, services of a midwife or attendant in the hospital

The *insurer* will cover eligible expenses up to EUR 20,000\* for childbirth in a hospital, a maternity or a comparable institution, as well as the expenses for nursing care at home or domestic help, that is necessary due to the pregnancy or pregnancy-related illness, as well as for the services of a midwife or attendant.

A waiting period of 10 months applies.

#### **Pregnancy and childbirth complications**

The *insurer* will cover eligible expenses in connection with premature birth, miscarriage, abortion, stillbirth, ectopic pregnancy, molar pregnancy, caesarean birth, post-partum haemorrhaging, placenta retention and complications from these conditions.

A waiting period of 10 months applies.

#### **Newborn Care**

Medical expenses cover for newborn children begins immediately after the birth, without any waiting period and without risk assessment. This is providing that on the date of the birth of the child, both parents have been insured with the *insurer* for medical expenses for at least three months, and the request for insurance of the child is received not later than two months after the birth with retroactive effect to the first of the month in which the child was born. Insurance cover cannot be wider or more comprehensive than that of the insured parents. New-born children may only be insured in insurance plans that are available for new policies.

If the biological mother is still within the waiting period for pregnancy and childbirth cover then medical expenses will not reimbursed for this. However, there is insurance cover for newborn care as long as the above conditions are met.

If an under-age child is adopted then an individual medical risk assessment shall be carried out for insurance purposes. For technical reasons a surcharge of up to 500% of the tariff rate may be applied after the risk assessment

#### **Congenital conditions**

The *insurer* provide cover for eligible expenses up to a maximum amount of EUR 200,000 for the entire lifetime for all disorders or diseases found at birth, anomalies, birth defects and malformations, errors during birth, prematurity and malformations including related illnesses.

# Cancer therapy, oncology medicines and medical treatment, including reconstructive surgery after breast cancer

As part of inpatient hospital care the *insurer* assume the eligible expenses for medical services, diagnostic tests, radiation therapy, cancer therapy, drugs and hospital costs.

<sup>\*</sup> The quoted amounts apply – if not otherwise specified – per person and insurance year



#### Bone marrow or organ transplantation (costs for both donors and recipients)

In cases of bone marrow or organ transplantation (for example heart, kidney, liver, pancreas) the *insurer* assumes the eligible expenses for both the patient as well as the donor. Recoverable costs are those associated with organ procurement from an organ donor, the costs for organ transportation to where the patient is located as well as the expenses for possible inpatient stay for the donor, but not the costs for searching for an organ or a suitable donor.

#### **Psychiatric services**

The *insurer* will refund the expenses for psychiatric services as part of inpatient treatment, provided the *insurer* have given prior written approval before the beginning of the treatment.

A waiting period of 10 months applies.

#### **Inpatient Psychotherapy**

A prerequisite for refund is that treatment is given by a psychiatrist, a psychotherapist or a doctor further trained in the specialist field of psychiatry, psychotherapy or psychoanalysis. For inpatient psychotherapy the *insurer* provide cover only if and to the extent that the *insurer* have given prior written approval before the beginning of the treatment

A waiting period of 10 months applies.

#### Refund of parent's costs when accompanying a child under 18 for inpatient treatment

The *insurer* will refund the additional expenditure for the prescribed presence of a parent at the bedside of a child under 18 admitted for inpatient treatment.

#### Home nursing care and domestic help

The *insurer* will assume the eligible expenses for prescribed home nursing care and domestic help by appropriate, trained persons as a substitute for a medically recommended hospital stay or to shorten such a stay. Home nursing care is in addition to medical treatment and is refundable in addition to this. The *insurer* will refund this for a maximum of 90 days per hospital stay after written approval.

#### Daily hospital allowance for inpatient treatment where no claim has been made on the insurer

The *insurer* will pay a daily hospital allowance of €200\* for inpatient treatment where no claim has been made on the *insurer*.

#### Inpatient rehabilitation

Costs are refundable for inpatient rehabilitation in continuation of medically necessary inpatient hospital treatment, for example, after bypass surgery, a heart attack, organ transplantation, as well as operations on large bones or joints, provided and to the extent that the *insurer* have given prior written approval. Inpatient rehabilitation must in principle begin within 2 weeks after discharge from the hospital. Cures and stays in cure establishments, spas, sanatoriums and convalescent homes as well as in nursing homes are not insured. The *insurer* will refund inpatient rehabilitation for a maximum of 35 days per hospital stay after written approval.

<sup>\*</sup> The quoted amounts apply – if not otherwise specified – per person and insurance year



#### **Hospice**

If no non-hospital care for the insured persons can be provided in their own or a family member's home, and under the condition that the hospice works with experienced palliative medicine nurses and doctors as well as being under the technical responsibility of a nurse or other qualified person, who has several years' experience in palliative care or has appropriate training and can prove training for a responsible positions in palliative care. Then the *insurer* will reimburse expenses for accommodation, food, care and support depending on the condition.

A prerequisite for the granting of benefits for full or semi-inpatient hospice treatment is that the insured person must be suffering from an illness

- that it is progressive, meaning that it is progressively getting worse, and has already reached a very advanced stage and
- Recovery is not possible so that inpatient palliative care is necessary and only a limited life expectancy of weeks or a few months can be expected.

Hospice benefits will be granted amongst others for the following conditions:

- Advanced cancer
- Full-blown state of the infectious disease Aids
- Disease of the nervous system with inexorable progressive paralysis
- Final state of chronic kidney, liver, heart, digestive tract or lung disease.

Hospice expenses will be refunded for a stay of up to 9 weeks for the duration of the contract.

#### Day hospital (partly inpatient) treatment

Day hospital treatment shall mean treatment in a hospital without overnight stay. The length of the stay in hospital is between eight and 24 hours.

# Transport to the next available suitable hospital for primary care after an accident or in an emergency

The *insurer* will reimburse the reasonable transport costs to the nearest suitable hospital or to the nearest suitable medical facility.



#### 4.3.3. Outpatient treatment

#### Overview outpatient treatment

#### **Outpatient treatment**

Medical services (including pathology, radiology, computed tomography, magnetic resonance imaging, positron emission tomography and palliative care)

Cancer therapy, medicines, and oncology medical services

Health check-ups

Services for pregnancy and childbirth, services of a midwife or attendant

Pregnancy and childbirth complications

Congenital conditions

Acupuncture, homoeopathy, osteopathy and chiropractic, including medicines and dressings

Speech therapy

Psychiatric services

Outpatient psychotherapy

Drugs and dressings

Over-the-counter medicines

Physiotherapy, including massage

Therapies, including occupational therapy, light therapy, hydrotherapy, inhalation, packs, Medical baths, cold and/or heat treatment, electrotherapy

Therapeutic aids and appliances

Vaccinations and immunisations

Visual aids, including eye test

Transport to the nearest suitable doctor or hospital for primary care after an accident or emergency by rescue services recognized using transportation means that are appropriate in the situation

**Fertility Treatment** 

#### Detailed benefit descriptions for outpatient treatments

Medical services (including pathology, radiology, computed tomography, magnetic resonance imaging, positron emission tomography and palliative care)

Cover shall apply to the expenses incurred for the necessary medical treatment as an outpatient for examinations, diagnostics and therapy.

Eligible expenses are among other things costs for pathology, radiology, computed tomography, magnetic resonance imaging, positron emission tomography, chemotherapy and other oncology (cancer) medical services as well as for vaccination and prophylactic measures.

#### Cancer therapy, medicines, and oncology medical services

Outpatient services are refunded in connection with chemotherapy and oncology medical services.

#### **Health check-ups**

Routine health checks are examinations or screening tests carried out, without the presence of clinical symptoms.



These tests, which are carried out for the purpose of detecting anomalies or illnesses depending on age, include the following examinations:

- Vital parameters (blood pressure, cholesterol, pulse, breathing, temperature, etc.)
- Cardiovascular examination
- Neurological examination
- Cancer screening
- Paediatric screening
- Diabetes screening
- HIV and AIDS screening
- Gynaecological check-up.

The *insurer* will reimburse these services up to an amount of EUR 500\* per year of insurance.

#### Services for pregnancy and childbirth, services of a midwife or attendant

The *insurer* will cover eligible expenses up to EUR 20,000\* resulting from pregnancy, or a pregnancy related disease, including (routine) screening, childbirth and the services of a midwife or attendant. For women over 35 this includes amniocentesis and nuchal translucency measurement.

A waiting period of 10 months applies.

#### Pregnancy and childbirth complications

The *insurer* will cover eligible expenses in connection with premature birth, miscarriage, abortion, stillbirth, ectopic pregnancy, molar pregnancy, caesarean birth, post-partum haemorrhaging, placenta retention and complications from these conditions.

A waiting period of 10 months applies.

#### **Congenital conditions**

The *insurer* provide cover for eligible expenses up to a maximum amount of EUR 200,000 for the entire lifetime for all disorders or diseases found at birth, anomalies, birth defects and malformations, errors during birth, prematurity and malformations including related illnesses.

#### Acupuncture, homoeopathy, osteopathy and chiropractic, including medicines and dressings

The *insurer* will only cover eligible expenses if the above treatment is carried out by doctors or other practitioners, who can prove they have certified appropriate training in the country where the treatment is given and that they are approved or authorised there to dispense such treatment.

The drugs and dressings prescribed by those doctors or physicians in the course of the treatment are also eligible for reimbursement.

The insurer will reimburse these services up to an amount of EUR 5,000\* per year of insurance.

<sup>\*</sup>The quoted amounts apply – if not otherwise specified – per person and insurance year



#### Speech therapy

In speech and voice disorders the *insurer* will cover eligible expenses for prescribed practice sessions, provided that these are conducted by a *doctor or* speech therapist. The *insurer* provide cover for this only if, and to the extent that the *insurer* have given prior written approval before the start of the treatment

#### **Psychiatric services**

The *insurer* will refund the expenses for psychiatric services provided the *insurer* has given prior written approval before the beginning of the treatment.

A waiting period of 10 months applies.

#### **Outpatient psychotherapy**

A prerequisite for refund is that treatment is given by a psychiatrist, a psychotherapist or a doctor further trained in the specialist field of psychiatry, psychotherapy or psychoanalysis. The *insurer* will refund the expenses for outpatient psychiatric services provided the *insurer* have given prior written approval before the beginning of the treatment.

A waiting period of 10 months applies.

#### **Drugs and dressings**

Drugs and dressings must be prescribed by a medical doctor or dentist or an authorised practitioner. Such drugs must come from a pharmacy or other officially approved supplier. Nutritional food, tonics, mineral water, cosmetics, products for personal hygiene as well as bath salts are not considered to be drugs.

#### **Over-the-counter medicines**

The insured person may buy non-prescription medicines without a prescription; usually they are for the treatment of symptoms of common diseases for which the insured person does not necessarily have to visit a doctor.

The *insurer* will reimburse these up to an amount of EUR 100\* per year of insurance.

#### Physiotherapy, including massage

This means physio-medical services (physiotherapy and exercise therapy, massages), that are available on prescription. In addition, they must be performed by a doctor or a certified therapist. The prescription must be issued before the start of treatment and mention the diagnosis and the type and number of sessions.

# Therapies, including occupational therapy, light therapy, hydrotherapy, inhalations, packs, medical baths, cold and/or heat treatment, electrotherapy

These are physio-medical services (occupational therapy, light therapy, hydrotherapy, inhalations, packs, medical baths, cold and/or heat treatment, electrotherapy and exercise therapy) for which a prescription is required. In addition these must be provided by a doctor or certified therapist and must have been prescribed by the *doctor* as part of outpatient *medical treatment*. The prescription must be issued before the start of treatment and mention the diagnosis and the type and number of sessions.

<sup>\*</sup> The quoted amounts apply – if not otherwise specified – per person and insurance year



#### Therapeutical aids and appliances

Costs eligible for refund are those incurred for the purpose of outpatient treatment for orthopaedic and prosthetic appliances, as well as other devices which are used to prevent physical disabilities or directly to mitigate or compensate for this. Medical aids must be prescribed by a doctor and must not be considered as general consumer goods.

Medical aids for the purpose of outpatient treatment shall mean: Bandages, trusses or shoe inlays, crutches, hearing aids, compression stockings, artificial limbs/ prostheses (excluding dental prostheses), lounger and seat pans, orthopaedic body, arm and leg support devices and speech equipment (electronic larynx).

The following medical aids are eligible only after the *insurer's* prior written approval: Wheelchairs, cardiac and respiratory monitoring devices, infusion pumps, inhalation devices, oxygen equipment and surveillance monitors for babies. Other aids are not considered as medical aids.

Expenses for the repair of such medical aids are eligible for reimbursement under the above terms and conditions. Expenses for sanitary supplies such as pads and massage devices for example, as well as for use and maintenance of such aids are not eligible for refund.

#### Vaccinations and immunizations

Costs incurred for preventive vaccination and prophylactic measures are refundable, in so far as they are recommended for the insured person's particular country of residence, including the medical costs for the administration of the vaccine and the cost of the vaccine itself.

#### Visual aids, including Eye Test

Costs incurred for spectacle frames and lenses, as well as contact lenses and refraction measurement are refundable up to EUR 250\* per year of insurance.

# Transport to the next available suitable hospital for primary care after an accident or in an emergency

Cover shall apply to the expenses of transportation to the nearest suitable hospital for primary care after an accident or in an emergency.

#### **Fertility Treatment**

After prior written approval the *insurer* will bear the costs in the terms and conditions of the agreed scope of cover, as for example for the following recognized treatments:

- In-vitro fertilisation (IVF)
- Intracytoplasmic sperm injection (ICSI)

Costs will be assumed under the condition that

- At the time of treatment (first stimulation day of each cycle or else the first cycle day if insemination without hormonal stimulation) the woman has not yet reached the age of 40 and the man 50.
- there is organic-related infertility of the insured persons that can be overcome by means of assisted reproductive techniques alone
- Medical assessment has ascertained a significant possibility of success of over 15 % for the selected method and that the man and the woman have international insurance with the *insurer*.

<sup>\*</sup> The quoted amounts apply – if not otherwise specified – per person and insurance year



The *insurer* will refund 50% of the costs incurred in connection with undergoing fertility treatment, including diagnosis and treatment, up to a maximum of EUR 15,000 for the whole contract duration.

A waiting period of 24 months applies for both spouses or partners.

#### 4.3.4. Dental treatment

#### Overview dental treatment

В	Benefits overview: Dental treatment		
Ge	General dental care		
-	Two dental check-ups per year of insurance		
-	X-ray examination		
-	Tartar removal and polishing		
-	Treatment for oral mucosa and gum disease		
-	Simple fillings		
-	Surgical treatment, extractions, root canal work		
-	Night splint		
-	Dental care after an accident		
Co	Comprehensive dental care		
-	Dental care after an accident		
-	Dental Prostheses (e.g. prostheses, bridges and crowns, inlays)		
-	Implant treatment		
-	Orthodontic services		
-	Dental laboratory work and materials		
-	Drawing up treatment plan and estimate of costs		
_	Dental care after an accident		

#### Detailed benefit descriptions for dental treatments

#### **General dental care**

- Two dental check-ups per year of insurance
- X-ray examination
- Tartar removal and polishing
- Treatment of mouth and gum disorders
- All simple fillings either amalgam (silver) or plastic (white)
- Root canal work
- Anaesthetist costs
- Surgery
- Extractions
- Night splint
- Dental care after an accident



#### Comprehensive dental care

Comprehensive dental services include the following types of more complex measures and curative care. The *insurer* will refund the following services up to EUR 5,000\* per year of insurance.

- Dental Prostheses (e.g. prostheses, bridges and crowns)
- Inlays (gold, porcelain), including dental laboratory work and materials
- Onlavs
- Up to four implants per jaw and the dentures to be secured to these implants
- Orthodontic treatment in children under the age of 18, including metal braces and retainers, as well as drawing up treatment plan and cost estimate
- Dental laboratory work and materials
- Drawing up treatment plan and estimate of costs

A waiting period of 10 months applies.

#### Dental care after an accident

If dental *treatment is* necessary as a result of an accident, all waiting periods are waived. The accident must be proven to the *insurer* by a doctor or police report.

#### 4.4. Cover limitations

Cover does not extend to *diseases*, including their consequences, as well as for death and the consequences of accidents due to military operations, military service, riot and civil commotion, not expressly included in the insurance.

There is no cover for illnesses, treatment and accidents caused wilfully nor their consequences or for treatment or stays in an institution for drug withdrawal.

Unless otherwise laid down in the tariffs, there is no cover for *cures* and treatments as well as for rehabilitation in a sanatorium.

There is no liability to provide cover for treatment provided by spouses, parents or children. Proven material expenses will be reimbursed.

There is no cover for cosmetic measures of all types and their consequences.

There is no cover for attempted suicide.

For treatment provided by doctors, dentists, naturopaths and in *hospitals*, for which the *insurer* has refused refunds for serious reasons, no benefit is payable if the insured event occurs after the policyholder has been notified of the exclusion. If at the time of claims notification treatment has not yet finished, there is no obligation to refund costs incurred more than three months after said notification.

There is no cover for accommodation due to dependency (long-term care) or minding.

There is no cover for medical reports, treatment and expense summaries that the policyholder or insured person are bound to supply.

<sup>\*</sup> The quoted amounts apply – if not otherwise specified – per person and insurance year



There is no cover for the insured person's loss of autonomy or when the insured person needs to be constantly looked after. Staying at home and/or receiving non-medical care at home or in a convalescence home or similar or in a psychiatric home or similar shall give rise to no cover.

If medical care or other treatment delivered shall exceed that which is medically necessary then the *insurer* may reduce its benefits accordingly. In addition, the *insurer* shall be entitled to such a reduction, if excessive sums are charged for such medically necessary treatment or for any other service.

For claims arising before inception of policy cover, that part of the claim falling before inception or during the waiting period shall be excluded.

The *insurer* do not provide cover for the operational and hormonal approximation of the biological sexual characteristics of the other sex.

The *insurer* do not provide cover for treatment or surgery to correct the insured person's vision, for example by laser, refractive keratotomy (RK) and photo refractive keratotomy (PRK). Cover does apply to the correction of the insured person's vision when this is necessary due to a disorder, illness or injury (e.g. cataract or detached retina).

#### 5. Tariff

The premium shall be set at the time of taking out cover on the basis of the country in which the insured person is staying. If there is any change of residency during policy validity to region 2, then rating will be adjusted accordingly at the beginning of the next policy year. If there is a change of residency during policy validity to region 1 then the premium will be adjusted immediately

If after a birthday the insured person moves into another age category then the premium will be adjusted to the new age category.



# II. Medical Assistance Services and Additional Services

In association with a health insurance product from Foyer Global Health

#### Contents

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# 1. Object of the Medical Assistance Services and Additional Services

The insurer provides the medical assistance services and additional services within the scope of medically necessary treatments for illnesses, accidents, in particular emergencies, and other events.

#### 2. Geographical coverage

The medical assistance services and additional services are effective worldwide.

#### 3. Services

#### 3.1. General information

The type and scope of the medical assistance services and additional services provided by the insurer are in accordance with the following service overviews, unless otherwise stated in these service overviews, our general remarks in the general conditions, or in the definitions.

#### 3.2. Medical Assistance Services

The medical assistance services and the additional services can only be concluded in conjunction with a health insurance product from Foyer Global Health.

#### Medical assistance overview

24-hour telephone and email service with experienced advisers, doctors and consultants

Medically necessary ambulance service and return transport

Information on the medical infrastructure/care with due consideration for the required language

Support and information (second opinion, monitoring the course of the illness)

Guaranteed payment of costs, particularly in preparation for the stay in hospital

Payment of an advance

Support and information on the type, possible causes and treatment options/forms of therapy for the illness and information about specialist medical terms

Support in organising a "doctor-to-doctor" discussion

Assistance in choosing the prescribed medication, comparable preparations and their side effects

Medical support and advice prior to travelling (vaccinations, putting together a first-aid kit)



#### 24-hour telephone and email service with experienced advisers, doctors and consultants

Medical assistance is available 24 hours a day, 7 days a week and 365 days a year by calling the medical assistance hotline.

#### Ambulance service and return transport

This service covers a medically justified and necessary ambulance service and return transport, both in the country of residence or to a cross-border location. The costs of medically justified and necessary accompaniment during transport are also included in the service provided.

- The ambulance service and return transport may also be carried out due to inadequate medical care and inadequate standards of hygiene in the hospital providing the treatment.
- The ambulance service and return transport must be ordered by the doctor in charge, and there must be a prior approval from the insurer to cover the cost.
- The ambulance service and return transport to a hospital suitable to provide further treatment will occur after this has been agreed between the doctor in charge and the insurer.
- Subject to agreement with the insurer, return transport can also be to the insured's current place of residence or last permanent place of residence in the insured's home country or country of origin, if the insured event occurred outside the country of residence.

# Information on the medical infrastructure/medical care with due consideration for the required language

- Designation of doctors, hospital consultants, hospitals and specialist hospitals in the surrounding area of the insured party, particularly with regard to the required language
- Advice and support in the selection of a treatment location in the case of a medically necessary transfer/change of care provider

#### Support and information (second opinion, monitoring the course of the illness)

- Support and organisation of a second medical opinion (medical findings) from a specialist in the relevant medical field in the event of life-threatening and serious illnesses and health disorders
- Support in selecting a specialist and hospital, and in the organisation of admittance and discharge
- Organisation and support in monitoring the course of the illness/ recovery by doctors and the insurer's contacts

#### Guaranteed payment of costs, particularly in preparation for the stay in hospital

- Submission of a cost payment guarantee, e.g. in the event of planned inpatient treatment
- Direct settlement of costs with the doctor/ hospital in charge is possible

#### Payment of an advance

Payment of an advance to the insured person(s) if the care provider and/or hospital only accepts cash payments



# Support and information on the type, possible causes and treatment options/forms of therapy for the illness and information on specialist medical terms

Advice, clarification and explanation of medical matters in the event of the insured person becoming ill, particularly with regard to causes and treatment options/forms of therapy for an illness and explanation of specialist medical terms

#### Support in organising a "doctor-to-doctor" discussion

In the event of illness and a deterioration in health, e.g. in the case of chronic ailments, the insurer will help to organise a "doctor-to-doctor" discussion, e.g. between the patient's doctor in the country of departure/ origin and in the country of residence

## Assistance in choosing the prescribed medication, comparable preparations and their side effects

- Information on drugs and their side effects and interactions with other preparations and preexisting medical conditions.
- Information on comparable and identical preparations

#### Medical support and advice prior to travel (vaccinations, putting together a first-aid kit)

- Medical information on standards of hygiene in the country of residence
- Advice and information on recommended vaccinations for the country of residence, especially in the event of pre-existing medical conditions
- Support in putting together a first-aid kit with due consideration for the standards of hygiene and weather conditions in the country of residence.
- Advice and information can be obtained from the insurer by telephone and email

#### 3.3. Additional Services

There will be an entitlement to receive "additional services" if the insurance service is agreed for the insured party in accordance with the certificate of insurance (CP).

#### Overview of additional services

Return transport to the country of residence
Organisation of patient visits for relatives
Delaying the return journey
Procurement and dispatch of essential drugs
Organisation of return transport or childcare
Transfer of the mortal remains and organisational support in the event of death
Help with any psychological problems arising from the stay abroad
Document storage (storage and obtaining replacements in the event of loss)
Arrangement of legal assistance in the event of legal difficulties
Arrangement of a relocation service
Arrangement of intercultural training (information on the local culture)





#### Return transport to the country of residence

When it is agreed by the insurer, and it is medically necessary to transport the insured party for treatment, the insurer will reimburse the transportation costs (first class rail ticket, Economy Class flight) for the insured party's return trip to the country of residence, subject to prior agreement, up to a value of EUR 3,000.

#### Organisation of patient visits for relatives

In the event of inpatient treatment due to an emergency, the insurer will organise the visit of one family member to the place of treatment and back home, and will pay the travel costs up to a total of €3,000\*, if the inpatient treatment lasts at least 7 days and the insurer's cost payment guarantee is available. (The costs of a first class rail ticket and Economy Class flight will be paid)

#### Delaying the return journey

If the return journey from the country where the patient is staying has to be delayed (when travelling back to the country of origin/home country or to a new country) due to a medical emergency affecting an insured party, resulting in the inability to travel, the insurer will reimburse the costs to change/cancel the hotel and flight bookings up to €3,000\*.

#### Procurement and dispatch of essential drugs

If an insured person takes essential drugs that are not available in the country where the insured person is staying, the insurer will endeavour to obtain these drugs as quickly as possible. This is provided that the drug is legally approved in the country where the insured person is staying and its import does not contravene any legal regulations

#### Organisation of return transport or childcare

- In the event of both parents being required to stay in hospital because of a medical emergency, the insurer will organise childcare by a suitable service provider, and will pay the costs for this, for the duration of the inpatient treatment but no longer
- If both parents are treated as inpatients in hospital during a holiday because of a medical emergency, the insurer will reimburse the costs for the children (up to 18 years of age) to travel to their current place of residence in their country of residence

#### Transfer of the mortal remains and organisational support in the event of death

- Completion of the necessary formalities to transfer or cremate the mortal remains, in particular obtaining the death certificate, the accident report, establishing contact with the authorities/consulate and establishing which relatives are entitled to authorise transfer or cremation
- Reimbursement of the costs for the transfer of the mortal remains to the country of departure or home country and the costs for the formalities associated with the transfer up to an amount of €10,000\*
- Transfer of the urn to the country of departure or home country in the event of cremation
- Funeral costs are not insured

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<sup>\*</sup> The quoted amounts apply – if not otherwise specified – per person and insurance year



#### Help with any psychological problems arising from the stay abroad

- The insurer will offer counselling in the event of a psychologically stressful situation
- The insured person(s) will receive psychologically therapeutic support by telephone from experienced doctors, and advice on the course of action to take, up to a maximum of 5 conversations

#### Document storage (storage and obtaining replacements in the event of loss)

- The insurer offers a storage facility for important documents (e.g. passport, visa, driving licence, vaccination certificate, and other important documents).
- If the original document is lost, a copy will be sent by email, fax or courier, and support will be provided in obtaining a replacement.

#### Arrangement of legal assistance in the event of legal difficulties

If required, the insurer will provide selected English-, German-, French- or Spanish-speaking lawyers/experts in the country of residence.

#### Arrangement of a relocation service

If required, the insurer will arrange special service providers to organise relocation and provide support in looking for accommodation if necessary.

#### **Arrangement of intercultural training (information on the local culture)**

If required, the insurer will arrange country-specific and intercultural training on living and working abroad in preparation for the stay abroad.

#### 4. Tariff

The insurance premium is indicated in the certificate of insurance (CP).



# III. Definitions

Accident	Accident is a sudden unexpected external event that affects the body and damages health
Acupuncture.	Acupuncture is a method in ancient Chinese traditional medicine that cures illnesses or reduces pain with the help of fine needles placed into the body. Orthodox medicine recognises this primarily as a method for pain relief.
Assistance company	An assistance company is specialised in providing insured persons with advice and help in emergency situations or for hospital treatment.  Additional services that may facilitate the insured person's stay abroad, as well as the reimbursement of certain costs, for example repatriation costs will be provided through the assistance partner. The complete range of services can be found in the enclosed Assistance conditions.
Cancer	Cancer is the general term for all malignant diseases caused by a proliferation of modified cells (tumour, carcinoma). These cells can destroy the surrounding tissue and produce secondary tumours (metastases).
Chiropractic	A Chiropractic is also known as manual therapist. Displaced or distorted vertebrae are "put back" again or other joints "reset" using special techniques.
Conservation treatment	Conservation treatment is treatment for the conservation of teeth (e.g. fillings, root canal work).
Conventional Medicine	Conventional Medicine is the university based, scientific and therefore generally accepted and applied form of medicine.
Conversion	Conversion is the alteration of policy cover with the insurer, e.g. change of deductible or amount of the deductible whereby the policyholder and the insured persons retain the guarantees and rights the policyholder has acquired out of policy cover that has remained uninterrupted with the insurer.
Country of Origin	The country of origin is the country in which the insured person was permanently living in before relocating to another country abroad.
Country of residence	The country of residence is the country in which the insured person will be living in after the beginning of the stay abroad.
Daily hospital allowance	If the policyholder does not claim reimbursement from the insurer for an insured person in respect of medically necessary inpatient treatment then the insurer will pay depending on the plan level, a daily hospital allowance per prescribed day in hospital occurs.
Deductible	A deductible causes the insured persons to retain a certain portion of the costs themselves. A deductible is the self retention of the policyholder and/or the insured person in the insurer's reimbursement payments. If a deductible has been agreed this will be documented in the policy schedule
Dentist	A practitioner who focuses on diseases of the teeth and mouth.
Doctor	A doctor is a physician (general practitioner or specialist) or holder of a medical diploma, which is recognized by law in the country in which the treatment is provided and who is authorised to provide medical care (see treatment). The insured persons are free to choose a doctor, who meets these criteria.
Domestic help	Domestic help is a part of home nursing care. It includes assistance for normal regularly recurring chores of domestic daily life, such as grocery shopping, cooking, cleaning the home, washing up, changing and washing clothes and ensuring comfort of the home is maintained.
Dressings	Dressings are material applied as a bandage
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Drugs	Drugs are active substances which are used, alone or in a mixture with other substances in the diagnosis or treatment of disease, suffering, bodily injury or pathological complaints. Food, cosmetics and toiletries are not considered to be drugs. Drugs must be prescribed by a physician and must be delivered by a pharmacy. Commonly stated as: Medicines, pharmaceuticals.
Emergency	An emergency is understood to be the sudden occurrence of an acute illness or acute deterioration in health, which is a direct threat to the state of health of the insured person.
Functional therapeutic and functional analytical services	An investigation and treatment method for diagnosing disorders and diseases of the entire mouth area that is associated to dental treatments.
Home Country	The home country is the country of which the insured person is a national, or to which he/she is to be transferred to in the event of death
Homoeopathy	Homoeopathy is based on three pillars: the similarity rule, the remedy picture and the potentiality of the substances. A specialist in homoeopathy assumes that a disease that manifests itself in specific symptoms can be cured by a substance that causes similar symptoms in healthy people.
Hospice	An institution that exclusively serves the purpose of providing patients with a life expectancy of only a few months with care and alleviating the life-threatening symptoms by palliative medical care
Hydrotherapy	Hydrotherapy is the targeted treatment by external application of water.
ICD codes	ICD stands for International Classification of Diseases. It is an international system for coding and classification of all known diagnoses.
Implant treatment	Implant dentistry services are understood to be the inserting of dental implants (metal or ceramic) as root substitutes or in toothless gums.
Inpatient rehabilitation	Inpatient rehabilitation is a medical procedure to restore a person back to their previous physical condition after a serious illness/operation, for example, after bypass surgery, heart attack, transplantation of organs, as well as operation on large bones or joints, or a serious accident.
Insurance proposal	The application for insurance is made by a person/ policyholder and/or the insured persons by means of a proposal form provided by the insurer.
Insured	The person(s) named in the insurance policy.  The term "insurer" shall mean Foyer Santé S.A. 12, rue Léon Laval L 3372
Insurer	Leudelange, being the insurance company issuing this policy.
Magnetic resonance imaging (MRI)	This is understood as a diagnostic technique for visualisation of the internal organs and tissues with the help of magnetic fields and radio waves.
Medical treatment	Medical treatment is understood to be the diagnostic and therapeutic measures classified as medical services which serve to recognise or alleviate and cure health problems, disease or injury.  Treatment is deemed to medically necessary on the basis of objective medical findings and scientific knowledge at the time of treatment, it is seen as reasonable and therefore medically necessary.
Medically necessary	Medically necessary are all actions that are suitable for healing or alleviating a disease/ an illness
Oncology	Oncology is a branch of internal medicine, which is concerned with the development, diagnosis, and treatment of tumours and tumour-related diseases.
Operations performed as an	Operations that can be performed on an outpatient basis at the doctor's surgery or in the hospital but do not require an overnight or longer stay in the hospital.



outpatient instead of inpatient	
Osteopathy	The osteopathic approach to medicine includes comprehensive manual diagnostics and therapy of the malfunctioning of the body's musculoskeletal framework, internal organs and the nervous system. It is mainly used in chronic pain of the vertebral column and the peripheral joints.
Palliative Care	Palliative therapy is the extensive and active treatment of patients with a limited life expectancy for which curative therapy is no longer possible in their condition. This type of treatment provides the best possible quality of life for the patient and his/her family.
Partly inpatient treatment	Partly inpatient treatment means a stay in a day or night clinic or hospital, in which the patient is in the hospital during the day or at night but for which a full-day (24-hour) inpatient basis is no longer required.
Policyholder	The person who takes out the insurance policy and is responsible for premium payment, or else any person who as a result of an agreement between the parties acts on their behalf, or the dependants of the policyholder on his/her death.
Policy schedule	The insurance cover that has been agreed for the insured persons as well as the premium due are documented in the schedule.
Positron emission tomography (PET)	Positron emission tomography (PET) is a non-invasive imagery process based on the detection and imagery of a substance with positron emitters spread inside the patient's body. The concentration of these "markers" in a tumour can then be quantified, the substance is injected intravenously, and the radiation is detected with external detectors. With the help of PET important biological processes can be visualised in tumours
	Practitioners can be a person(s) who besides doctors also have recognised and well-founded training in their area of treatment and are authorised for treatment in that speciality in the country in which the treatment is to be provided.
Practitioner	The following are understood to be practitioners: Naturopaths, speech therapists and midwives as well as independent practitioners practising in state approved medical ancillary professions (for example massage therapists and medical attendants, physiotherapists). The insured persons are free to choose a practitioner who meets these criteria.
Pre-existing conditions	Pre-existing conditions are conditions and their consequences, or the results of an accident, of which the policyholder or the insured persons were aware or had treatment for before policy inception. By special agreement with the insured person these can in principle be included. Pre-existing conditions that were not disclosed on proposing for insurance are not insured.
Prophylactic Measures	Prophylactic measures are a part of preventive medicine. These are individual and general measures to prevent imminent diseases (e.g. vaccination, passive immunisation, precautionary medication at the point of entry in areas at risk, accident prevention etc.).
Region	Insurance cover is valid for the following regions:  Region 1: Worldwide Region 2: Worldwide excluding the United States
Scale of charges	A scale of charges is the foundation on which the calculation of medical or dental services is based. These may differ from country to country.



Second Opinion	Second opinion or medical opinion is medical advice by another doctor, who has so far not been involved, as to a life threatening and severe condition or permanent health problem.
Service Card	The insured person(s) receive a personalised service card with the main phone numbers of the assistance company. The personalised service card serves as proof of insurance when dealing with all service providers.
Spa and sanatorium treatment	A cure or sanatorium treatment serves to consolidate a person's state of health